

# Our Lady of Perpetual Succour

Catholic Parish Toukley/Lake Munmorah

St Mary's Church 458 Main Rd Noraville

St Brendan's Mass Centre 29 Carters Rd Lake Munmorah



## Vision

*To be A Vibrant Eucharistic Community*

### Pastoral Team

#### Parish Priest

Fr. Tomy Kuruvelil Ouseph CFIC

Phone: 0408 632 015

Email: tomycfic@yahoo.co.in

#### Assistant Priest

Fr. Baby Thomas CFIC

Phone: 0400 568 491

Email: baby.thomas@bbcatholic.org.au

#### Augustinian Sisters of Our Lady of Consolation - Convent

11 Pandora Pde Noraville 4396 9128

Sr. Josefa Mabini OSA

Sr. Jennifer Canillas OSA

#### Parish Office Hours

9am to 2pm Mon To Fri

Ph 4396 4455

458 Main Rd Noraville NSW 2263

Mail PO Box 1 Toukley NSW 2263

Email [toukleyparish@bbcatholic.org.au](mailto:toukleyparish@bbcatholic.org.au)

Website [www.bbcatholic.org.au/toukley](http://www.bbcatholic.org.au/toukley)

Facebook: Toukley-Lake Munmorah Parish

Parish Secretary: Mrs Sarah-Jane Rosen

Office Assistant: Mrs Lorrie O'Brien

#### Catechist Coordinator

Sr. Josefa Mabini PH: 0402480933

#### Sacramental Coordinators

Sr. Jennifer Canillas PH: 0435 788 759

Cath Cefai PH: 0418 836 512

#### Sunday Parish Bus Service

Mrs Joan Haslam 4392 6892

#### Parish Schools

##### St Mary's

Principal Ms Emma Sellars 4396 5100

##### St Brendan's

Principal Ms Charlene Reid 4358 1501

##### St Brigid's College

Principal Mr Adam Murdoch 7256 2122

### FIRST SUNDAY OF LENT YEAR B

18th February 2024



Life-changing transformations don't happen easily. They require interior fortitude and determination, courage, persistence and more - an interior change of heart and mind. In the Scriptures this is called "Metanoia."

So we again enter into the invitation and the challenge of Lent well aware that we have been asked to commit our lives fully to the coming reign of God. "Metanoia" and "Repentance" are not to be simple cosmetic or superficial changes. Repentance isn't just for a part of the year. It is a full-time, on-going commitment to change. Metanoia pushes us to turn away from whatever distracts us from God and to turn to the embrace of the One who is infinite love.

John's preaching began with "Repent! The Kingdom of God is at hand." His was a call to repentance - a warning - a call to change our ways because something big and wonderful was soon coming. The message of Jesus was "Rejoice! The Kingdom of God is here!" His was an invitation - a call to experience the presence of the Father in our every moment, our every breath, in the "now" of our every encounter by repentance and metanoia.

Lent is the graced time when we will receive the help we need to respond and to make a turn in our lives towards God. This doesn't mean big changes are easy or accomplished in a short period of time. Metanoia means we will have to dedicate our lives to transformation. In truth it will never be a completed process but if we listen to Jesus today, we need to begin. And then begin again and again, becoming followers of Christ. The time is now - every now!

*Fr. Baby*

## WEEKEND MASS TIMES

### St Mary's Church Toukley

Saturday: Vigil 6:00pm Fr Tomy  
Sunday: 7:30am Fr Tomy  
9:00am Fr Tomy  
6:00pm Fr Tomy  
Children's Liturgy 1st & 3rd Sunday at 9:00am  
Mass (except school holidays)

### St Brendan's Church Lake Munmorah

Saturday: Vigil 5:00pm Fr Joshi  
Sunday: 8:00am Fr Joshi

## WEEKDAY MASS TIMES

### St Mary's Church Toukley

Monday 9:00 am  
Tuesday 9:00 am  
Wednesday 9:00 am (Communion Service)  
Thursday 9:00 am (Ordinariate of Our Lady of  
the Southern Cross)  
Friday 9:15am (Except 1st Friday of Month)

### First Friday of Month Anointing of Sick

11:00am

Saturday 9:00 am

### St Brendan's Church Lake Munmorah

Wednesday 9:00am

### First Wednesday of Month Anointing of Sick

9:00am

Thursday 9:00am (Communion Service)

## EXPOSITION BLESSED SACRAMENT

### St Mary's Church Toukley

Each Saturday – After Morning Mass

## SACRAMENT OF RECONCILIATION

### St Mary's Toukley

Saturday 9:30am -10:00am (by appointment at  
other times)

### St Brendan's Lake Munmorah

Saturday 4:30 -5:00pm

## MORNING PRAYER OF THE CHURCH

### St Mary's Toukley

8:20 am Monday to Thursday & Saturday  
8:45 am Friday

### First Friday Night Vigil

Exposition after 7pm Mass until 12.30am



Welcome to our Parish. Today we celebrate the **First Sunday of Lent, Year B.**

We welcome you to our Church & are very pleased to see you here.

### Upcoming Parish events - Save the Date:

**24th/25th Feb:** Catechist Sunday & St Mary's Kinder/Year 6 Mass

**Thurs 29th Feb:** St Brendan's Year 4 Mass

**Thurs 7th Mar:** St Brendan's Year 6 Mass

**Thurs 14th Mar:** St Brendan's Year 1 Mass

**Sun 17th Mar:** St Patrick's day and St Mary's Year 4 Mass



### Fridays in Lent

**Stations of the Cross** - during Lent we have the Stations of the Cross on every Friday at St Mary's **8:30am** (before 9:15am Mass).

Each week a different group will lead the Stations. **On Fri 23rd Feb, The Vinnies Group** will be leading. The Stations of the Cross on first Friday will be at **10:30am before healing Mass.**

**The Light is On** at St Mary's with Confession and Exposition of the Blessed Sacrament **7:00-7:30pm** every Friday of Lent.

**Fr. Baby Away in India** - Fr. Baby is away to spend time with his sister, Sr. Tincy who is at the last stage of her life. We pray for Sr. Tincy and her family.

**Communion Services** - While Fr. Baby is away in India:

**St Mary's:** Wednesday at 9am

**St Brendan's** Thursday at 9am

**Mass Collections** - In explanation of the way the collections work during Mass, **the First Collection** is for the support of the Priests around the Diocese.

**The Second Collection** is for the **support of the Parish.**

You can give directly online into the Parish Account:

BSB: 062-784

Account :100001614

Account Name: Toukley Catholic Parish

Reference: Your name

### Parish Volunteers Needed!

We are in search of a **Planned Giving Co-Ordinator** and also **Counters**. If you feel this is something you could volunteer for, please contact the Parish office to discuss the details further. Any amount of time you could spare would be so helpful.

**Name Badges** - Parish Volunteers who have no name badge, please the Parish Office.

**The Most Reverend Bishop Anthony's Lenten Penance Letter** is available on the Diocese website. To read the letter please visit:

<https://www.bbcatholic.org.au/about/bishop>

### Children's Worksheets

Worksheets and pencils are available at the church doors.



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at **BP Lake Munmorah**  
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Ph: (02) 4393 2443  
Email: [charmhaven@internode.on.net](mailto:charmhaven@internode.on.net)



### Sacramental Program 2024

For children in Yr 4 or above, who are already Baptised and have received the Sacrament of Confirmation, the **Sacrament of Reconciliation** classes begin on **19th Feb** and go to the **15th March with the ceremony being on 20th March at St Brendan's & 21st March at St Mary's**. Please keep all the candidates in your prayers during this time.

### Farewell to Cath Cefai



Our talented musician is moving to Hervey Bay next week. We thank her for her generosity in sharing her talents even for a short time. Cath's contribution made an impact to our liturgy and we will definitely miss her golden voice and guitar playing. Thank you Cath and all the best in your new home. Keep safe and many blessings to you and your family.

**Project Compassion** - Envelopes and boxes for Project Compassion are now available at the doors of our churches. Please take one or both. Your donations will help Caritas Australia with their work in various places around the world. Thank you for your support.

**Catechist's Day in the Parish** - We celebrate Catechist Sunday on the weekend of **24/25 Feb** during **5pm** Mass at St Brendan's and **9am** Mass at St Mary's. We commission and bless the Catechists and teachers of our Catholic schools. We appreciate this hard work & support and invite all our Catechists and teachers to join us in our Eucharistic Celebration as we commission them for the school year of 2024. Invite your family & friends to be a part of our once a year commissioning with our Parish community.

**Catechist Corner** - Thank you to all our Catechists for the wonderful work you do with your ministry to students about God and Jesus. Please keep all of our SRE, Sacramental, RCIA and CLOW Catechists in your prayers as they spread the word of our faith to the children. Would you like to become a Catechist? Why don't you consider joining the team too?! To get started, Catechists need to obtain a WWCC (free for volunteers) and complete some training, which the Parish Office can help to organise. The Public schools where we teach are: Lake Munmorah (Wed), Northlakes (Tues), Manering Park (Wed), Blue Haven (Tues), Gorokan (Thurs), and Gwandalan (Fri). Wouldn't it be great to help Catholic students in these schools learn more about Jesus? Classes run for 30 minutes, once a week. Full training & support is provided. Please call the Parish Office for more information. We'd love to hear from you!



*Please pray for those who have died and those who are sick*



### Recently Deceased

Frank McGill, Fr Michael Kelly, Michelle Rodger

### Anniversaries

Gerundia Castanares, Rita Bowring, KJ Buckman, Milagros Llamas, Olga Creighton, Lorenzo Maz-zitello, Sophie Roe, Greta Hackett, Dorothy Rush

### Remembrances

Alice Suico, Jose Castanares, Mary Cefai, Edward Redman, Colin McIntyre, Shiela Glennon, Georgina Baker, mavis Cleary, Vin Tatti, Stephens Cappa, Richard & Margie Hamer, Ingrid Hamer, Valmai Joseph & Stark Family, Wendy Woodhouse & Carol Brown

**Please Pray for the Sick** - Peter Dormer, Patrick Hobson, Judy Kay, Marion Campbell, Wayne Stafford, Mark Wilson, Michelle Maroon, Sr Tincy, Diane Booth, Mick G, Kylie Musgrave, Avis Sullivan, Brian Fletcher, Rhondda Rey, Christine Yousef, Florian Stoffel, John & Bev Jessop, Graham & Sandra Campbell, Marian Campbell, Mia, Robbie Depares, De-Anne Richards, Jackie Chaplin, Michael Casey, Koen Mackaway, John Jessep, Eva Cusick, Melissa, John Jessep, Margaret Connolly, Rita Cini, Baby Mia Lilli, Maria Butseties, Shirley Campbell, Liz Kelman, Josh. R, Robyn Brand, Susan Simmons, Denis Tansey, Miklos Beothy & Liz Kelman.

### February Birthdays

Carolyn Metcalf (4th Feb)  
Alison Newell (15th Feb)  
Christine Mickelsen (17th Feb)  
Margaret Cashin (20th Feb)  
Melinda Sullivan (20th Feb)  
Bob Steel (21st Feb)  
Elaine Scrivener (22nd Feb)  
Daryl Grime (22nd Feb)  
Pat Glennen (23rd Feb)  
Anthony Newell (26th Feb)



### Wedding Anniversary

Peter & Louisa Tng are celebrating their 50th Wedding Anniversary on 24th Feb. Happy Anniversary!



### Pope Francis' Prayer Intention for February

#### **For the terminally ill**

We pray that those with a terminal illness, and their families, receive the necessary physical and spiritual care and accompaniment.

## Mackay Family Funerals

In Association with Mackay Family Crematorium  
A.B.N. 79 085 423 589

Head Office: 249 Pacific Highway West, Ourimbah 2258

PO Box 89 Ourimbah NSW 2258.

Phone: (02) 4362 2733 Fax: (02) 4362 2899



## Volunteer Angels

### Male & Female

Do you have a caring heart & time to become a friend to a lonely person in an Aged Care Facility

Please call Anne-Marie

4396 1555

### First Reading Genesis 9:8-15

A reading from the Book of Genesis

*I will recall the covenant between myself and you ... the waters shall never again become a flood to destroy all flesh.*

God spoke to Noah and his sons, 'See, I establish my Covenant with you, and with your descendants after you; also with every living creature to be found with you, birds, cattle and every wild beast with you: everything that came out of the ark, everything that lives on the earth. I establish my Covenant with you: nothing of flesh shall be swept away again by the waters of the flood. There shall be no flood to destroy the earth again.'

God said, 'Here is the sign of the Covenant I make between myself and you and every living creature with you for all generations: I set my bow in the clouds and it shall be a sign of the Covenant between me and the earth. When I gather the clouds over the earth and the bow appears in the clouds, I will recall the Covenant between myself and you and every living creature of every kind. And so the waters shall never again become a flood to destroy all things of flesh.'

The word of the Lord.

**Thanks be to God.**

**Responsorial Psalm** Ps 24:4-9

**R. Your ways, O Lord, are love and truth to those who keep your covenant.**

Lord, make me know your ways.

Lord, teach me your paths.

Make me walk in your truth, and teach me:  
for you are God my saviour. **R.**

Remember your mercy, Lord,  
and the love you have shown from of old.

In your love remember me,  
because of your goodness, O Lord. **R.**

The Lord is good and upright.

He shows the path to those who stray,  
he guides the humble in the right path;  
he teaches his way to the poor. **R.**

**Second Reading** 1 Peter 3:18-22

A reading from the first letter of St Peter

*The water of the flood is a type of the baptism which saves you now.*

Christ himself, innocent though he was, died once for sins, died for the guilty, to lead us to God. In the body he was put to death, in the spirit he was raised

to life, and, in the spirit, he went to preach to the spirits in prison. Now it was long ago, when Noah was still building that ark which saved only a small group of eight people 'by water', and when God was still waiting patiently, that these spirits refused to believe. That water is a type of the baptism which saves you now, and which is not the washing off of physical dirt but a pledge made to God from a good conscience, through the resurrection of Jesus Christ, who has entered heaven and is at God's right hand, now that he has made the angels and Dominations and Powers his subjects.

The word of the Lord.

**Thanks be to God.**

**Gospel Acclamation** Matthew 4:4

Praise to you, Lord Jesus Christ,  
king of endless glory!  
No one lives on bread alone,  
but on every word that comes from the mouth of  
God. Praise to you, Lord Jesus Christ,  
king of endless glory!

**Gospel** Mark 1:12-15

*He was tempted by Satan, and the angels looked after him.*

The Spirit drove Jesus out into the wilderness and he remained there for forty days, and was tempted by Satan. He was with the wild beasts, and the angels looked after him.

After John had been arrested, Jesus went into Galilee. There he proclaimed the Good News from God. 'The time has come' he said 'and the kingdom of God is close at hand. Repent, and believe the Good News.'

The Gospel of the Lord.

**Praise to you, Lord Jesus Christ**



**Next Sunday Second Sunday of Lent, Year B**

First Reading-Genesis 22:1-2, 9-13, 15-18

Second Reading - Romans 8:31-34

Gospel - Mark 9:2-10